

Department of Humanities & Applied Sciences
Student Development Programme on Universal Human Values
June 29 to July 11, 2020

Student Development Program on Universal Human Values is designed in order to introduce students to the Values which are Universal in Nature. This SDP will help students to gain the knowledge which is not imparted in any classroom and it is very important throughout life. In new Education Policy it is recommended as mandatory subject. Students will be able to understand the difference the desires of Self and Physical facility, the importance of Relationship in our life, What is Harmony, How to become happy by being in Harmony with Self, Family, Society and Nature , Human values like Trust, Respect, Affection Care, Reverence, Gratitude, Guidance, Love etc

OBJECTIVES

- 1) Understand what are the desires of Self and Body
- 2) Understand What is Harmony
- 3) Understand How to live in Harmony with Self, Family, Society, Nature
- 4) Understand Trust, Respect, Affection Care, Reverence, Guidance, Gratitude, Love
- 5) Understand How to overcome Stress, Anxiety, Anger, Fear, Frustration

WHO WILL BE BENEFITED?

- All the students who want to be Happy, Responsible and Balanced Human Being.

PREREQUISITE

- No prerequisites.

OUTCOMES

Learner will be able to:

- 1) Student will be able to understand "Self" and desires of Self
- 2) Student will be able to handle Stress, Anxiety, Frustration, Fear, Anger
- 3) Student will be able improve his overall performance
- 4) Student will be Happy , Responsible and Balanced Human Being

CONTACT PERSON

- Dr. Manasi Karkare (9967014191)
hod_fe@siesgst.ac.in
- Prof. Mrinal Khadse (9819344929)
mrinal.khadse@siesgst.ac.in
- Dr. Kanthimathi (9137372482)
kanthimathi@siesgst.ac.in