

• THE GST • GAZETTE



COVID-19 Special

SIES SOCIETY'S CONTRIBUTION

SIES society is trying its very best to help the nation fight this pandemic by making contributions in various sectors. SIES society is making 50000 masks among which 2000 are already ready to provide it to the needy people. We have supplied 1000 beds prepared from corrugated boxes to a quarantine center. The technical team of SIES GST has developed mobile apps for spreading awareness regarding the disease. Samarth Patil, a Mechanical Engineering student has helped the CDAC team in building the robotic trolley for Covid-19 patients. The Codechef student chapter of SIES GST has started a App development challenge to help students learn and grow in the quarantine by working in teams and working with APIs just like real world Development. Harsh Agarwal, a final year student has developed a website as a medical supply monitoring tool for the Government of India as a part of E-Yantra Covid Challenge 2020. Many of the students have participated in the Hackathon organized by the government regarding Covid-19. The design team of SIES GST has designed many posters for spreading awareness regarding the disease. The NSS Unit of SIES GST is making an immense contribution in this field by spreading awareness among the students by posting various clips on their social media handles. It has posted a video wherein the students have explained the procedure of preparing masks at home. It is also trying to promote the significance of maintaining good health by posting videos regarding health workouts. It is encouraging students to get involved in productive activities, pursuing their hobbies and reconnecting with family to maintain mental health and stay away from depression. The Student Council is motivating the students to engage in useful activities by posting pictures portraying students' talents in different fields like cooking, painting, writing, sketching, etc.

TRIBUTE TO SOLDIERS

"Who's a soldier?", you ask.
Answering your question is quite a task.
Doctors and nurses working day and night
To save us from our plight.
The police who are risking their lives for our own
With their families praying for their safety from their homes.
Army officers fighting in the frontlines
Dying for their country with a smile.
Sanitation workers cleaning the streets daily
Doing all that is necessary.
Lastly, people like you and me
Who follow the rules to a T.

LETTER FROM A PARENT

To SIES Graduate School of Technology,
Nerul, Navi Mumbai,
Maharashtra.

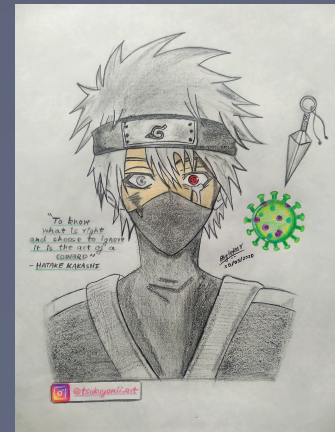
My son Mst. Parikshit Vijay Urs is studying in Semester VI, Branch Computer Engineering in SIES Graduate School of Technology.

The college has taken a good decision and started the online lectures. Being a teacher myself, know the efforts involved to transform the education processes from classroom to virtual teaching is a great challenge and task by itself. The teachings conducted by the faculty is great and remarkable.

My son has been attending all the lectures daily and also submitting the assignments at the regular intervals, he is able to understand and grasp the same comfortably.

I thank the faculty and the college for providing such excellent facilities, taken up the responsibility to complete the portion on time so that the students don't compromise on education terms during this Covid-19 period.

Regards, Vinutha Vijay Urs



-Rushikesh Joglekar

Protecting those who are and aren't around us
So that they don't go under the bus.
A big Thank You to all of you
For showering us with some yellow in this time of blue.

-Ishita Paul

PREVENTION IS ALWAYS BETTER THAN CURE



Use Mask



Wash hands



Avoid contact
with animals



Avoid crowded
places



Go to the
doctor



Use
nose-rag

INTERVIEW WITH A RECOVERED PATIENT

In a time where the world is struggling to live their day to day lives, encompassed by the fear of the novel virus, humanity can't help but to seek out sources of positivity. At the forefront of our hopes are the patients who have emerged victorious in a battle of survival with this virus and are not only examples to follow but also indispensable sources of information. Let's see what one such recovered patient wants to share with us.

Interviewer: Hello! Thanks for making time for us today to share with everyone, your experience living with and conquering the much feared virus.

Recovered Patient: Hello, It's my pleasure to be here and help in any way I can.

I: Starting off, could you please share with us how you first got to know about your condition and what were the signs and symptoms which alerted you to get yourself tested.

RP: Well, My aunt was diagnosed before me. She had flown in from Paris, France in early March and was quarantined as per protocol. My mother, my older brother and I were allowed to meet her for half an hour before she was taken away. So although the chances of any kind of transmission were less, they weren't nil.

A few days later she had been reported to test positive for the virus and so we were called in for testing. My mother and brother were negative but I came out positive so now I had to be prepared. (laughs)

I: That sounds frightening. Can you tell us how you were faring from a physical and mental health point of view?

RP: Yes. My symptoms were mostly very mild. I had a persistent dry cough which I get occasionally during this time of the year. I didn't have an obvious fever but my body was baking in the 98-99 range at best. Mentally though I was scared witless. Everyone had demonised the virus to the extent that a lot of people would believe they would die for sure if they contracted it. But my doctors played a huge role in assuring me that I would recover before I even knew it.

I: It seems the doctors are doing their jobs well, They deserve all our respect. Can you tell us something about your stay at the quarantine and isolation ward at the hospital?

RP: I was waiting for this question. I was allotted Kashiurba Gandhi Hospital in Mumbai, made famous by the media for their horrifying hygiene and service. But it was fine to be honest. Yes, it wasn't world class facilities but they were doing the best they can given the amount of patients. I would suggest though, if you ever get sent to any of the hospitals for quarantining, make sure to take your own stuff. Even the basic stuff. Clothes, toothbrushes, towels, toiletries, utensils and power-banks.

I: That is some good information right there. Can you tell us about your condition till the day you were recovered and discharged?

RP: So I had that irritating cough at the beginning. Then eventually I started getting chills and lost my sense of taste while at the hospital. My lungs were fine though. I would forever be grateful to the doctor who convinced other doctors to not force me into getting Oxygen or Ventilator Support as it would have destroyed my healthy lungs. I am fortunate that I came out of the situation without any wild twists or developments. After 3 negative tests for the virus, I was finally discharged within a period of 18 days and finished a mandatory 10 day quarantine at home.

I: What you just said, I'm sure has provided a lot of encouragement to the people who are terrified for themselves and their loved ones. You are a beacon of hope for us!

RP: (Laughs)

I: For the final question. How were people treating you post recovery?

RP: That is a good question. Actually, it was pretty bad at first. People were under the impression that the hospital had let me go while still carrying the virus! (laughs)

People would avoid me. If I opened my mouth too wide, people would cringe away. I always wore masks but no one would talk to me except my family. To each their own I guess but it's really not that good for people to do that to someone who just had to go through painful, lonely days of recovery. Hopefully, this will change soon as countries work hard to develop a cure for the ailment.

I: I agree with you- And that's a wrap! Thank you so much for joining us today, again. I hope the world can heal soon.

RP: I hope so too.

-Shlok Naik

DOCTOR SAYS

"Our profession is the only one which works unceasingly to annihilate itself" were the remarkable words said by physician Martin Fischer. Today we welcome on our show a doctor with a similar belief live with us from Kashiurba hospital to join us on a skype call and share her advice and experience. Mrs. Gupta.

Doctors always have been important, but now they have come under the spotlight shared with all the brave warriors fighting with us against this pandemic. "Mrs. Gupta how are you and all the doctors coping with the outbreak of Covid-19?" Mrs. Gupta removed her mask revealing dark lines all over her face. She said, "the situation isn't getting any better, so many doctors ourselves have tested positive, it's a time of distress." The interviewer nodded and asked, "We have heard from various sources that the patients not only in Kashiurba hospital but everywhere else are not well kept and are facing problems even regarding hygiene, what would you say about it?" Mrs. Gupta wasn't offended by the question, she continued, "we are trying our best, the government is also trying it's best, the resources aren't enough is all that is, but nobody wishes bad faith to anyone. We all want this to be over as fast as it can." "Yes, I

understand. Further I would like to mention that there are some people who are having a notorious reaction towards the health care system, what would you say to them?" asked the interviewer. Mrs. Gupta explained, "These people forget that they're burning down their own house by disrespecting and ill-treating doctors. They forget that we're all on the same side fighting for the same cause, the destruction of the pandemic." The interviewer continued, "What should a person do when he realises that he might have been exposed to the virus?" Mrs. Gupta suggested, "First and most important the person should self quarantine or they might cause the virus to spread to their family. Secondly the person should check for symptoms and make sure if it's a common flu or not. If the symptoms are severe they should contact their nearest covid-19 hospital." "What are the things that you want our viewers to take care of?" Mrs. Gupta looked faithful as she began, "Please adhere to all the protocols the government has stated. Maintain hygiene and social distancing. Stay home. This pandemic is here to stay for a while and we can not fight it without your help. Doctors all over the world are trying their best to procure medicines and vaccines. Hold on until then and keep faith"

-Saili Sonawane