



## **SIES Graduate School of Technology, Nerul**

### **CWDC Activities 2015 – 16**

#### **1. 'Seminar on 'Osteoporosis'**

**Date & Time:** Conducted on 1<sup>st</sup> August 2015 from 11.30 a.m. to 12.30 a.m.

**Venue:** SIESGST auditorium

**Resource Person:** Prof. Chhaya Vijay Kumar Verma who is working as Professor in Physiotherapy (Musculoskeletal Conditions), in Seth G. S. Medical College, K.E.M. Hospital, Parel.

We had mainly conducted **Bone Mineral Density Test** from 9.30 to 11.30. Most of college faculty and staff had participated and taken benefit from it. Later, seminar was conducted which mainly focuses on osteoporosis symptoms, causes and treatments. As well as some guidelines regarding diet plan was also discussed in the seminar.

**Audience:** SIESGST Faculty.

**Feedback:** All faculties like the guidelines and suggestions given by the speaker.

2. **International Woman's Day** was celebrated on 8<sup>th</sup> March 2016 by faculties and students. Woman's day celebration had started by making beautiful rangoli in front of the GST office by the faculty. Student of the college had actively participated by making greetings for female faculties of GST .They also distributed it to them along with gifts. Poster paintings made by students were displayed in the college campus.

3. The major initiative taken by CWDC of SIESGST is **Sanitary Napkin Vending Machine** which is installed in the ground floor girls washroom. Sanitary Napkin Vending Dispenser Machine is used for vending Sanitary Napkins by using a smart card. It is used for immediate access of napkins to meet the menstrual emergencies.